

Supplimentary

Effect of modified atmosphere packaging on quality of minimally processed fenugreek (*Trigonella foenum-graecum L.*) microgreens

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Table 1S : Effect of MAP on sensory quality of fresh and minimally processed fenugreek microgreens (MPFM) stored for 5 days at 8 °C

| Packaging film | Colour | Fresh like odour | Texture | Overall acceptability |
|----------------|--------|------------------|---------|-----------------------|
| Fresh | 5.0 | 5.0 | 5.0 | 5.00 |
| Cling film | 4.2 | 4.0 | 3.0 | 3.00 |
| PP 25 µm | 5.0 | 4.5 | 5.0 | 5.00 |
| PP 40 µm | 5.0 | 5.0 | 5.0 | 5.0 |
| LDPE 40 µm | 5.0 | 4.5 | 5.0 | 5.0 |
| PD-961 | 5.0 | 5.0 | 5.0 | 5.0 |
| F test | * | * | * | * |
| CD at 1% | 0.5 | 0.75 | 0.5 | 1.00 |

Table 2S : Effect of MAP on sensory and nutritional quality of fresh and minimally processed fenugreek microgreens (MPFM) stored for 5 days at 8°C

| Packaging film | PLW (%) | Protein (mg g ⁻¹) | Total Carotenoids (mg g ⁻¹) | Total chlorophyll (mg g ⁻¹) | FRAP (mg g ⁻¹ AEAC) | Total Phenols (mg g ⁻¹ GAE) |
|----------------|-----------|-------------------------------|---|---|--------------------------------|--|
| Fresh | NA | 28.00±0.50 | 0.41±0.013 | 4.47±0.25 | 0.40±0.001 | 0.53±0.01 |
| Cling film | 1.25±0.05 | 26.4±0.53 | 0.39±0.63 | 1.91±0.07 | 0.41±0.010 | 0.63±0.05 |
| PP 25µm | 0.14±0.03 | 28.1±1.42 | 0.42±0.00 | 3.18±0.19 | 0.47±0.001 | 0.46±0.05 |
| PP 40 µm | 0.15±0.02 | 28.21±0.61 | 0.44±0.00 | 4.13±0.42 | 0.40±0.004 | 0.55±0.01 |
| LDPE 40 µm | 0.01±0.03 | 27.30±0.26 | 0.45±0.00 | 3.02±0.12 | 0.39±0.000 | 0.52±0.09 |
| PD-961 | 0.01±0.02 | 27.00±1.12 | 0.45±0.02 | 4.27±0.54 | 0.40±0.010 | 0.52±0.04 |
| F-test | * | NS | NS | * | * | NS |
| CD at 1% | 0.15 | | | 1.03 | 0.04 | |

All values are expressed as mean of triplicates ± Standard deviation; *Significant at 1% confidence level; AEAC: ascorbic acid equivalent antioxidant capacity; FRAP: ferric reducing antioxidant potential; GAE: gallic acid equivalent; CE: catechin equivalents; NS-non significant



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Table 3S : Effect of MAP on sensory quality of fresh and minimally processed fenugreek microgreens (MPFM) stored for 10 days at 8 °C

| Packaging film | Colour | Fresh like odour | Texture | Overall acceptability |
|----------------|--------|------------------|---------|-----------------------|
| Fresh | 5.0 | 5.0 | 5.0 | 5.00 |
| Cling film | 3.2 | 2.9 | 2.0 | 2.00 |
| PP 25 µm | 4.2 | 4.2 | 5.0 | 4.00 |
| PP 40 µm | 5.0 | 5.0 | 5.0 | 50.0 |
| LDPE 40 µm | 4.5 | 3.8 | 4.7 | 32.0 |
| PD-961 | 5.0 | 4.6 | 5.0 | 4.6 |
| F test | * | * | * | * |
| CD at 1% | 0.5 | 0.75 | 0.5 | 0.5 |

Table 4S : Effect of MAP on sensory and nutritional quality of fresh and minimally processed fenugreek microgreens (MPFM) stored for 10 days at 8 °C

| Packaging film | PLW (%) | Protein (mg g ⁻¹) | Total Carotenoids (mg g ⁻¹) | Total chlorophyll (mg g ⁻¹) | FRAP (mg g ⁻¹ AEAC) | Total Phenols (mg g ⁻¹ GAE) |
|----------------|-----------|-------------------------------|---|---|--------------------------------|--|
| Fresh | NA. | 28.00±0.50 | 0.41±0.012 | 4.47±0.23 | 0.43±0.001 | 0.53±0.02 |
| Cling film | 5.53±0.04 | 24.4±0.50 | 0.32±0.62 | 1.82±0.05 | 0.41±0.010 | 0.67±0.05 |
| PP 25µm | 0.04±0.07 | 27.1±1.40 | 0.44±0.00 | 3.78±0.18 | 0.47±0.001 | 0.49±0.01 |
| PP 40 µm | 0.18±0.05 | 27.21±0.60 | 0.44±0.01 | 4.59±0.40 | 0.40±0.004 | 0.52±0.07 |
| LDPE 40 µm | 0.15±0.01 | 27.70±0.20 | 0.48±0.01 | 3.78±0.11 | 0.38±0.002 | 0.50±0.00 |
| PD-961 | 0.05±0.01 | 27.30±1.10 | 0.49±0.03 | 4.72±0.51 | 0.42±0.010 | 0.51±0.05 |
| F-test | * | NS | NS | * | * | NS |
| CD at 1% | 0.10 | | | 1.02 | 0.030 | |

All values are expressed as mean of triplicates ± Standard deviation * Significant at 1% confidence level, AEAC: ascorbic acid equivalent antioxidant capacity, FRAP: Ferric reducing antioxidant potential; GAE: Gallic acid equivalent, CE: catechin equivalents. NS: Not significant

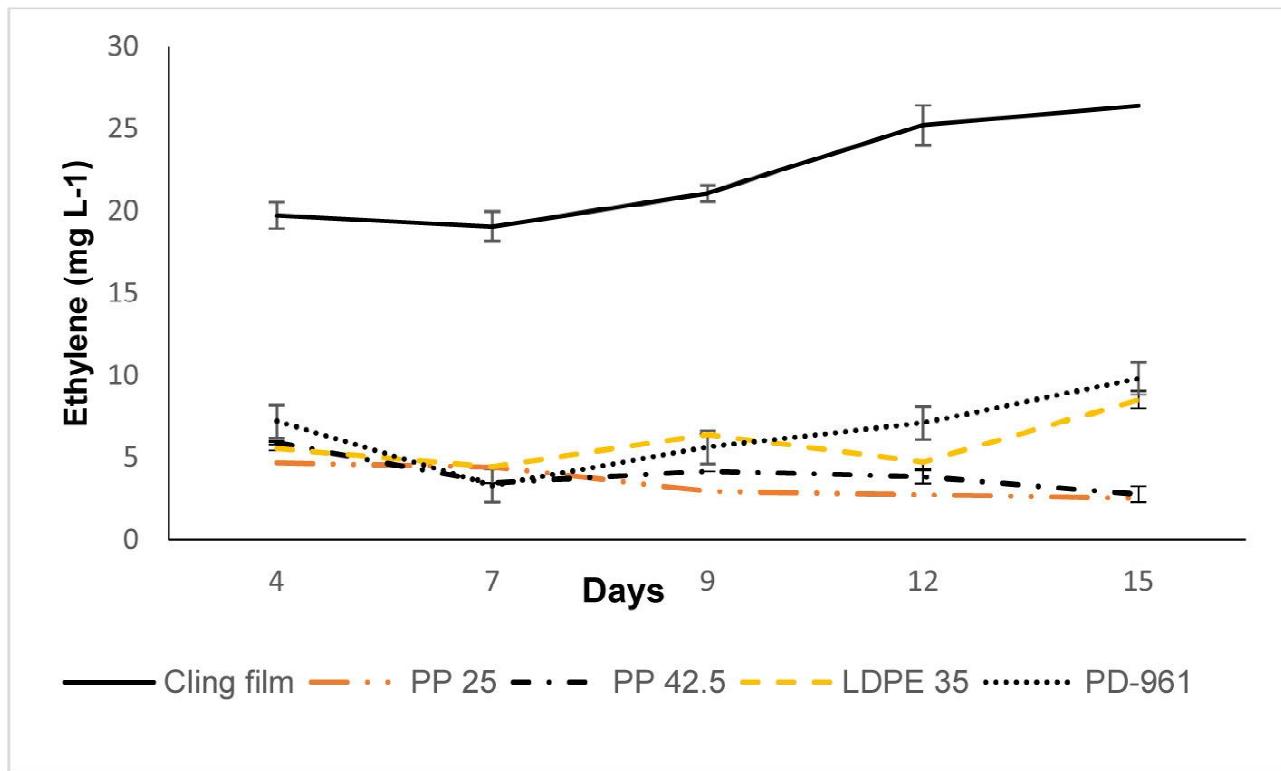


Fig 1S : In- pack ethylene levels in MPFM packages during storage